Definition of a cigarette smoker

The definition of a cigarette smoker by the Center for Disease Control and Prevention (CDC) is a person that has smoked 100 cigarettes in their lifetime and currently smokes either every day or some days¹.

The CF-5A’s intervention and the tailored handouts it generates were designed to work best with patients who are conventional cigarette smokers. It is NOT intended for patients quitting electronic cigarettes, cigars, pipes, and other tobacco products like snuff or chew. However, much of this website and listed resources could be helpful.

1. Center for Disease Control and Prevention (CDC), Disability and Health Data System online[1]

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