Effects of smoking

Who should be considered a "smoker?" What effects does smoking have on an individual or on a population? Remember that smoking is the number one cause of preventable morbidity and mortality in the United States - but what exactly does it do? The links below explore each of these important questions.

Who is a Cigarette smoker? [1]

Effects on an individual [2]

Effects on populations [3]

Related Links and Literature [4]

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Links
[1] https://5as.ucsf.edu/article/who-cigarette-smoker
[2] https://5as.ucsf.edu/article/effects-smoking-individuals-health
[3] https://5as.ucsf.edu/article/effects-populations
[4] https://5as.ucsf.edu/related-links-and-literature